

T5. COURSE REPORT (CR) تقرير المقرر

A separate Course Report (CR) should be submitted for every course and for each section or campus location where the course is taught, even if the course is taught by the same person. Each CR is to be completed by the course instructor at the end of each course and given to the program coordinator. A combined, comprehensive CR should be prepared by the course coordinator and the separate location reports are to be attached.

Course Report تقرير المقرر

For guidance on the completion of this template refer to the NCAAA handbooks.

Institution المؤسسة: Najran University	Date of CR تاريخ كتابة تقرير المقرر 23/8/1438h
College/ Department القسم / البرنامج: NURSING COLLEGE	

A. Course Identification and General Information التعريف بالمقرر ومعلومات عامة عنه:

1. Course title اسم المقرر Nutrition	Code # 251 تغذ-٢	Section # 37
2. Name of course instructor اسم القائم بالتدريس Aziza Yousif Hama	Location الموقع/مكان/شعبة/ Main Medical Science for girls campus	
3. Year and semester to which this report applies العام الجامعي و الفصل الدراسي الذي أعد عنه هذا التقرير. Second semester 1437-1438h		
4. Number of students starting the course? عدد الذين بدأوا المقرر	6	Students completing the course? عدد الذين اتموا المقرر 6
5. Course components (actual total contact hours and credits per semester): 2 h / w (30 h / semester)		
	Lecture المحاضرة	Tutorial مجموعات صغيرة
	Laboratory/ Studio المعمل/استوديو	Practical التطبيقي
	Other: أخرى	Total الاجمالي
Contact Hours الساعات الفعلية	30	-
Credit الساعات المعتمدة	2	-

B. Course Delivery تقديم المقرر

1. Coverage of Planned Program تغطية البرنامج المخطط			
Topics Covered الموضوعات التي تم تغطيتها	Planned Contact Hours ساعات التدريس كما هو مخطط	Actual Contact Hours ساعات التدريس الفعلية	Reason for Variations if there is a difference of more than 25% of the hours planned أسباب الاختلاف إذا تعدت نسبة الاختلاف ٢٥% من عدد الساعات المخططة مسبقاً
1- Introduction a) Nutrition for health b) Related definition c) Function of food and food stuff d) Signs of good nutrition	2	2	
2. Nutritional elements Macronutrients a. Carbohydrate b. Fat c. Protein d. water Micronutrients a. Vitamins b. Minerals	12 2 2 2 2 2 2	12 2 2 2 2 2 2	
3. Energy requirements: a) Units of measurements b) Caloric needs estimation c) Physical fitness	2	2	
4. Nutritional needs a. food groups and recommended tables b. nutritional needs through life cycle c. vulnerable needs (pregnancy – lactation)	6	6	
5. Malnutrition a) Under nutrition	2	2	

b) Over nutrition c) Malnutrition and related risks and diseases d) Improvement of dietary habit			
1-Diet therapy 2 -nutritional care process as a component of patient care team 3-mode of feeding 4-Type of diets 5-Some condition 6-(digestive disorders – diabetes – cardiovascular - renal disorders	3	6	

2. Consequences of Non Coverage of Topics عواقب عدم تغطية مواضيع المقرر

For any topics where the topic was not taught or practically delivered, comment on how significant you believe the lack of coverage is for the course learning outcomes or for later courses in the program. Suggest possible compensating action

Topics (if any) not Fully Covered الموضوعات التي لم تغطي بالكامل (إن وجدت)	Effectuated Learning Outcomes مخرجات التعلم التي تأثرت	Possible Compensating Action ما يمكن اتخاذه من خطوات تعويضية ممكنة
All the topics have been covered		

3. Course learning outcome assessment : قياس مخرجات تعلم المقرر

	List course learning outcomes قائمة بمخرجات تعلم المقرر	I me asse for تقيي رج
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1	1	K1. Identify basic elements of nutrition and its related risks.	- written exam	68.43%
	2	K2. Recognize the rich and best food sources of different nutrients & the digestion and absorption process of different food elements.	- written exam	75.6%
	3	C1. The ability to use international guidance standards, diagrams and tables to design nutritional requirements & to interpret the unhealthy pattern according to nutrient deficiency.	- Class activities - Written exam	68.75%
	4	C2. Manage time and work to deadlines	- Class activities - Written exam	65%
	5	I1. Show attention and respect staff and colleagues	- Active class participation - Students discussion - Observation - Assignment check list.	76.88%
	6	I2. Find information using information technology to build up effective presentation.	- Active class participation - Students discussion - Observation - Assignment check list.	90.42%
	7	Com1. Ability to calculate and evaluate: the caloric values for different food stuff or determine caloric and nutrients requirements for different cases.	- Observation. - Assignment and homework	100%
	8	Com2. Find information using information technology to build up effective presentation .	- Observation. - Assignment and homework	79.17%

Summarize any actions you recommend for improving teaching strategies as a result of evaluations in table 3 above.

وضح بإيجاز أي إجراءات توصي بها لتحسين استراتيجيات التدريس بناء على نتائج التقييم المذكورة في الجدول ٣ أعلاه.

- Conduct a role-play strategy in order to help the students for understanding.
- Create a fun and effective learning atmosphere.
- Explain why this course is necessary and important

- Improve the students skills as thinking, working in groups , problem solving & communication skills .
 - Provide the students more opportunities to express their views and to be more active learners
- Start a lecture with a puzzle, question, paradox, picture, or cartoon on slide to focus on the day's topic in order to help the students for understanding

4. Effectiveness of Planned Teaching Strategies for Intended Learning Outcomes set out in the Course Specification. (Refer to planned teaching strategies in Course Specification and description of Domains of Learning Outcomes in the National Qualifications Framework)

فعالية استراتيجيات التدريس المخطط لها لتحقيق مخرجات التعلم المستهدفة كما وردت بتوصيف المقرر (انظر إلى استراتيجيات التدريس المخطط لها في توصيف المقرر الدراسي ووصف مخرجات التعلم لمجالات التعلم المختلفة في الإطار الوطني للمؤهلات)

List Teaching Methods set out in Course Specification اكتب قائمة بأساليب التدريس المحددة في توصيف المقرر الدراسي	Were they Effective? هل كانت فعالة؟		Difficulties Experienced (if any) in Using the Strategy and Suggested Action to Deal with Those Difficulties. الصعوبات التي واجهتك (إن وجدت) أثناء تطبيق الاستراتيجيات والخطوات المقترحة للتعامل مع تلك الصعوبات
	No لا	Yes نعم	
- Lectures.		√	
- Group discussion		√	This strategy take a long time to implement and need extra time the course had only 2 credit hour per week ,which led to reduce participation to few groups Suggested Action Take half an hour per week from office hour to implement this strategy effectively
- Brain storming		√	
- Self learning		√	
- Problem solving.		√	

Note: In order to analyze the assessment of student achievement for each course learning outcome, student performance results can be measured and assessed using a KPI, a rubric, or some grading system that aligns student work, exam scores, or other demonstration of successful learning.

C. Results النتائج

1. Distribution of Grades توزيع الدرجات

Letter Grade رمز التقدير	Number of Students عدد الطلبة	Student Percentage نسبة الطلبة	Analysis of Distribution of Grades تحليل توزيع الدرجات
A	-		
B	-		
C	2	33%	
D	2	33%	
F	2	33%	
Denied Entry محروم	-	0	
In Progress مستمر		0	
Incomplete غير مكتمل	-	0	
Pass ناجح	4	67%	
Fail راسب	2	33%	
Withdrawn منسحب	-	0	

2. Analyze special factors (if any) affecting the results التي أثرت على النتائج (إن وجدت):
This table show that one third (33%) of the students are failed. this may be caused by poor students standards in English language in addition to some students are passive learners and have no sense of responsibility, This confirming by the average grades of students in most courses.

3. Variations from planned student assessment processes (if any) (see Course Specifications).

No variations

a. Variations (if any) from planned assessment schedule (see Course Specification)

No variations

الاختلاف Variation	السبب Reason
No variations	

b. Variations (if any) from planned assessment processes in Domains of Learning (see Course Specification) الاختلافات (إن وجدت) عن عمليات التقويم المحددة مسبقاً في مجالات التعلم (انظر توصيف المقرر الدراسي)	
الاختلاف Variation	السبب Reason
No variations	

4. Student Grade Achievement Verification (eg. cross-check of grade validity by independent evaluator). التحقق من درجات (انجاز) الطلبة (مثال: التحقق من صحة تصحيح عينة من أوراق الطلبة من قبل مقيم مستقل)	
Method(s) of Verification طريقة (طرق) التحقق	Conclusion النتيجة
- Check of grades validity by peer evaluator	- variation in students grades is observable.
- Check of grades validity by peer evaluator	- variation in students grades is observable.

D. Resources and Facilities المرافق والمصادر

1. Difficulties in access to resources or facilities (if any) صعوبة الوصول إلى المصادر أو المرافق (إن وجدت) - Limited books and journals in library related to the course. - No access to internet services.	2. Consequences of any difficulties experienced for student learning in the course. عواقب الصعوبات التي واجهها الطالب على تعلمه في هذا المقرر. - Satisfactory results .
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E. Administrative Issues مسائل إدارية

1 Organizational or administrative difficulties encountered (if any) صعوبات تنظيمية أو إدارية (إن وجدت) - Inadequate program facilities & resources . Lack of flexibility in managing resources .	2. Consequences of any difficulties experienced for student learning in the course. عواقب هذه الصعوبات على تعلم الطلبة في هذا المقرر. The students are not able to make use of available resources
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F. Course Evaluation **تقييم المقرر الدراسي**

1. Student evaluation of the course (Attach summary of survey results) Not yet
a. List the most important recommendations for improvement and strengths
b. Response of instructor or course team to this evaluation
2. Other Evaluation (e.g. by head of department, peer observations, accreditation review, other stakeholders)
a. List the most important recommendations for improvement and strengths
b. Response of instructor or course team to this evaluation

G. Planning for Improvement **التخطيط للتطوير**

1. Progress on actions proposed for improving the course in previous course reports (if any). التقدم في انجاز اجراءات تحسين المقرر المقترحة بالتقارير السابقة للمقرر "ان وجدت".			
Actions recommended from the most recent course report(s) الاجراءات الموصى بها في أحدث تقرير أو تقارير سابقة عن المقرر الدراسي	Actions Taken الاجراءات التي اتخذت	Action Results النتائج المترتبة على الاجراء المتخذ	Action Analysis تحليل الإجراء
- Encourage students to be an active learner and have a sense of responsibility.	- The actions were undertaken	- Course coordinator fails to make more than half of students to be an active learner and have a sense of responsibility.	- This may be attributed to cultural and personal factors
- Provide extra assignments ,measure progress of students and provide regular feedback	- The actions were not taken	- the students performed assignments but not in the desirable level	- Insufficient teaching recourses of the program (library and electronic learning lab) contributed to this problem.
- Improve the students' skills as thinking, working in groups, problem solving & communication skills.	- The actions were undertaken	- The level of satisfaction of the student were increase slightly but not reach to the optimal level	- The course coordinator will take this point in consideration in the next semester.

- Provide the students more opportunities to express their point of views.	- The actions were undertaken	- The students have more opportunities to express their views.	- The student more satisfied to the course and course coordinator when comparing with previous semester
<p>2. List what other actions have been taken to improve the course (based on previous CR, surveys, independent opinion, or course evaluation).</p> <ul style="list-style-type: none"> - review content of the course - update the course specifications using nontraditional teaching strategies 			

3. Action Plan for Improvement for Next Semester/Year الخطة التنفيذية للتحسين للفصل/العام الدراسي القادم					
Actions Recommended for further improvement الإجراءات الموصى بها لمزيد من التحسين	Intended Action Points (should be measurable) أنشطة العمل المستهدفة (يجب أن تكون قابلة للقياس)	Start Date تاريخ البدء	Completion Date تاريخ الانتهاء	Person Responsible مسئول التنفيذ	
- Improving teaching strategies to help the student in achieving course ILOs	- Use discussion rather than formal lectures .	1 st week	15 th week	Course coordinator	
	- Create effective learning environment ,respect & rapport .			Course coordinator	
	- Assessing students to plan for their study .			Course coordinator	
	- Stress on the importance of the course .			Course coordinator	
- Improving the course specification	- Conduct some modification in course specification.	3 rd week	10 th week	Course coordinator	

Name of Course Instructor

اسم استاذ المقرر: _____ Aziza Yousif Hama

Signature التوقيع: Aziza Yousif Hama

Date Report Completed تاريخ اتمام التقرير: 23/8/1438 h

Program Coordinator منسق البرنامج: Dr Nahid Khalil

Signature التوقيع: _____ Date Received الاستلام تاريخ: _____

